



CUMWHINTON SCHOOL WEEK 1



| DAY | CHOICE 1 | CHOICE 2 | CHOICE 3 | PUDDING |
|------------------|---|---|--|--|
| Monday | Breaded Fish served with Chips, Peas and Tomato Ketchup | Soft White Roll filled with Cheese, Ham or Tuna served with Mixed Salad | Oven Baked Jacket Potato filled with Cheese, Beans, Cheese & Beans or Tuna served with Mixed Salad | Iced Chocolate Sponge or Fresh Fruit or Yoghurt |
| Tuesday | Chicken Tikka Masala served with Brown Rice, Naan Bread and Green Beans | Soft White Roll filled with Cheese, Ham or Tuna served with Mixed Salad | Oven Baked Jacket Potato filled with Cheese, Beans, Cheese & Beans or Tuna served with Mixed Salad | Flapjack or Fresh Fruit or Yoghurt |
| Wednesday | Sliced Cooked Beef served with Yorkshire Pudding, Creamed Potato, Carrots and Gravy | Soft White Roll filled with Cheese, Ham or Tuna served with Mixed Salad | Oven Baked Jacket Potato filled with Cheese, Beans, Cheese & Beans or Tuna served with Mixed Salad | Vanilla & Raspberry Ice Cream Roll with Peaches or Fresh Fruit or Yoghurt |
| Thursday | Spaghetti Bolognese served with Garlic Bread and Sweetcorn | Soft White Roll filled with Cheese, Ham or Tuna served with Mixed Salad | Oven Baked Jacket Potato filled with Cheese, Beans, Cheese & Beans or Tuna served with Mixed Salad | Custard Cream Cookie or Fresh Fruit or Yoghurt |
| Friday | Crispy Chicken Bap served with Herby Diced Potatoes and Baked Beans | Soft White Roll filled with Cheese, Ham or Tuna served with Mixed Salad | Oven Baked Jacket Potato filled with Cheese, Beans, Cheese & Beans or Tuna served with Mixed Salad | Raspberry Jelly with Peaches or Fresh Fruit or Yoghurt |

Available Daily: Fresh Fruit and Bread!

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.






CUMWHINTON SCHOOL

WEEK 2

Freshly
made
every day!

| DAY | CHOICE 1 |  CHOICE 2 | CHOICE 3 | PUDDING |
|------------------|---|--|--|--|
| Monday | Meatballs in Gravy served with Pasta Twists and Sliced Carrots | Soft White Roll filled with Cheese, Ham or Tuna served with Mixed Salad | Oven Baked Jacket Potato filled with Cheese, Beans, Cheese & Beans or Tuna served with Mixed Salad | Shortbread or Fresh Fruit or Yoghurt |
| Tuesday | Savoury Mince served with Yorkshire Pudding, 1/2 Jacket Potato and Sweetcorn | Soft White Roll filled with Cheese, Ham or Tuna served with Mixed Salad | Oven Baked Jacket Potato filled with Cheese, Beans, Cheese & Beans or Tuna served with Mixed Salad | Plain Cookie or Fresh Fruit or Yoghurt |
| Wednesday | Sliced Cooked Turkey served with Yorkshire Pudding, Creamed Potato, Diced Carrots and Gravy | Soft White Roll filled with Cheese, Ham or Tuna served with Mixed Salad | Oven Baked Jacket Potato filled with Cheese, Beans, Cheese & Beans or Tuna served with Mixed Salad | Vanilla Ice Cream & Mandarins or Fresh Fruit or Yoghurt |
| Thursday | Cod & Salmon Fish Cake served with Chips and Peas | Soft White Roll filled with Cheese, Ham or Tuna served with Mixed Salad | Oven Baked Jacket Potato filled with Cheese, Beans, Cheese & Beans or Tuna served with Mixed Salad | Chocolate Crunch or Fresh Fruit or Yoghurt |
| Friday | Cheese & Tomato or Pepperoni Pizza served with Herby Diced Potatoes and Baked Beans | Soft White Roll filled with Cheese, Ham or Tuna served with Mixed Salad | Oven Baked Jacket Potato filled with Cheese, Beans, Cheese & Beans or Tuna served with Mixed Salad | Ginger Sponge & Custard or Fresh Fruit or Yoghurt |

Available Daily: Fresh Fruit and Bread!

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CUMWHINTON SCHOOL

WEEK 3

Freshly
made
every day!



DAY

CHOICE 1

CHOICE 2

CHOICE 3

PUDDING

Monday

Fish Fingers
served with Chips, Beans and
Mixed Salad

Soft White Roll
filled with Cheese, Ham or Tuna
served with Mixed Salad

Oven Baked Jacket Potato
filled with Cheese, Beans,
Cheese & Beans or Tuna served
with Mixed Salad

Iced Gingerbread
or
Fresh Fruit or Yoghurt

Tuesday

Macaroni Cheese
served with Garlic Bread and Peas

Soft White Roll
filled with Cheese, Ham or Tuna
served with Mixed Salad

Oven Baked Jacket Potato
filled with Cheese, Beans,
Cheese & Beans or Tuna served
with Mixed Salad

Chocolate Muffin
or
Fresh Fruit or Yoghurt

Wednesday

Roast Chicken
served with Yorkshire Pudding,
Creamed Potato, Sweetcorn and
Gravy

Soft White Roll
filled with Cheese, Ham or Tuna
served with Mixed Salad

Oven Baked Jacket Potato
filled with Cheese, Beans,
Cheese & Beans or Tuna served
with Mixed Salad

Vanilla Ice Cream Tub & Peaches
or
Fresh Fruit or Yoghurt

Thursday

Minced Beef Pie
served with 1/2 Jacket Potato,
Broccoli and Gravy

Soft White Roll
filled with Cheese, Ham or Tuna
served with Mixed Salad

Oven Baked Jacket Potato
filled with Cheese, Beans,
Cheese & Beans or Tuna served
with Mixed Salad

Sugar Ring Doughnut
or
Fresh Fruit or Yoghurt

Friday

Turkey Burger in a Bun
served with Oven Baked Potato
Wedges and Sweetcorn

Soft White Roll
filled with Cheese, Ham or Tuna
served with Mixed Salad

Oven Baked Jacket Potato
filled with Cheese, Beans,
Cheese & Beans or Tuna served
with Mixed Salad

**Sticky Toffee Pudding, Toffee Sauce
and Custard**
or
Fresh Fruit or Yoghurt

Available Daily: Fresh Fruit and Bread!

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